

# Spring To Life™

*The 4th Annual  
Spring to Life Conference on Hematologic Malignancies™:  
Myeloproliferative Neoplasms (MPNs),  
a CE-accredited, 1-day educational conference*

**Saturday, May 20, 2017**

**Healthcare Professional Program – 7:30 AM – 12:00 PM**

**Patient-Centered Program – 1:00 PM – 3:15 PM**

**Albany Marriott Hotel  
189 Wolf Road, Albany, NY 12205**

Host

**NYOH** New York  
Oncology  
Hematology

Educational Partner

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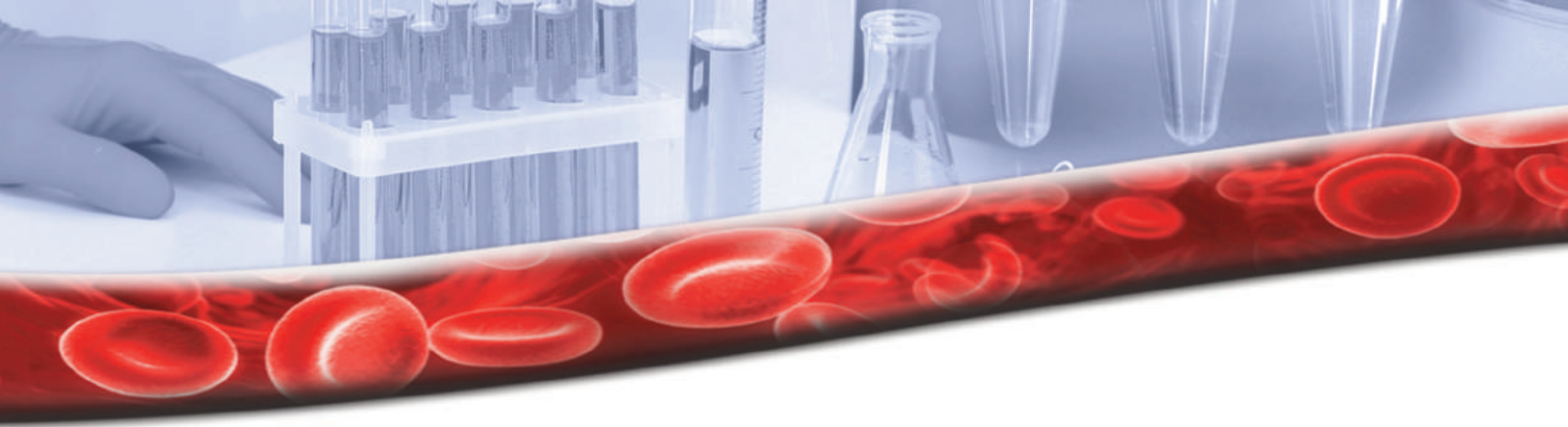
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### **PRESENTATION DOWNLOAD**

The accredited content presented during the conference will be posted online for viewing and download within 7-10 days after the conference.

An email will be sent to all participants with viewing and download instructions. Not all presentations will be shared due to reprint and permission restrictions.



### **INTERNET ACCESS**

Complimentary Wi-Fi is available using code “Marriott2017” to log in.



### **HOW TO CLAIM CREDIT**

- Please complete the yellow Continuing Education/Program Evaluation form included in your program packet.
- Return the form to the registration table before leaving today.



# Spring To Life™

Dear Healthcare Professional Colleagues:

Welcome to our *Fourth Annual Spring to Life Conference on Hematologic Malignancies™*. Thank you for choosing to attend to update your knowledge and understanding, and also earn CE credits.

This year we are focused on the spectrum of Myeloproliferative Neoplasms (MPNs). The clinician sessions will detail standards of care and emerging strategies for chronic myeloid leukemia (CML), polycythemia vera (PV), essential thrombocythemia (ET), myelofibrosis (MF), and chronic myelomonocytic leukemia (CMML). We have brought together a collaboration of speakers and panelists from New York Oncology Hematology, Dana-Farber Cancer Institute, Harvard Medical School, and Albany Medical Center.

Please join us for our enriching afternoon session with patients, families, and the community as we continue to share the challenges and lessons of our holistic human experience of living with cancer. This year's focus is on the often forgotten partner, the Caregiver. We will have a panel and open discussion with the audience.

Please also take note of our grantors and exhibitors, whose generosity and support are integral to making *Spring to Life* an ongoing reality for our region.

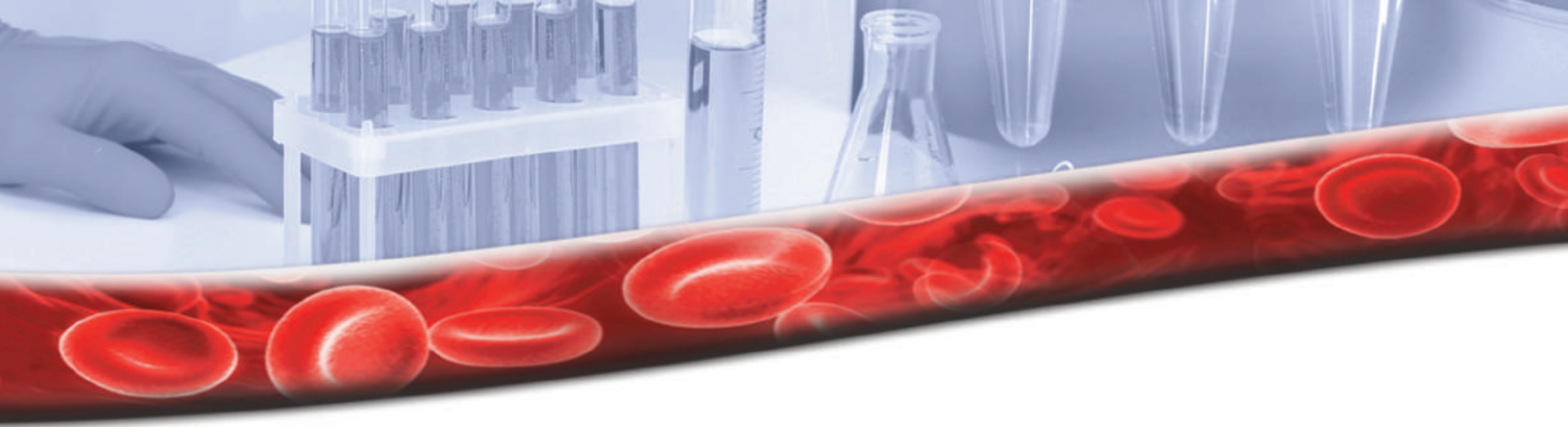
On behalf of our Organizing Committee, thank you again for taking the time out of your lives to join us and enhance your understanding and practice.

Enjoy!

Sincerely,



Ira Zackon, MD, Program Chair  
New York Oncology Hematology



## Agenda: Healthcare Professional Program

Continuing Education Credit provided for physicians, nurses, and allied health professionals.

7:30 AM - 8:00 AM	<b>Registration, Breakfast, and Exhibits</b>	
8:00 AM - 8:10 AM	<b>Opening Remarks and Pre-Test</b>	Ira Zackon, MD
8:10 AM - 8:50 AM	<b>Clinical Challenges in PV and ET: An Interactive Case-Based Panel Discussion</b>	Moderator: Pooja Chaukiyal, MD
8:50 AM - 9:10 AM	<b>Myelofibrosis</b>	Richard Stone, MD
9:10 AM - 9:20 AM	<b>Question and Answer</b>	
9:20 AM - 9:40 AM	<b>Chronic Myelomonocytic Leukemia</b>	Ira Zackon, MD
9:40 AM - 9:50 AM	<b>Question and Answer</b>	
9:50 AM - 10:10 AM	<b>Break, Snack, and Exhibits</b>	
10:10 AM - 10:45 AM	<b>KEYNOTE ADDRESS: Chronic Myeloid Leukemia</b>	Daniel DeAngelo, MD, PhD
10:45 AM - 10:55 AM	<b>Question and Answer</b>	
10:55 AM - 11:55 AM	<b>Clinical Challenges in CML: An Interactive Case-Based Panel Discussion</b>	Moderator: Sami Brake, MD
11:55 AM - 12:00 PM	<b>Closing Remarks and Post-Test</b>	Ira Zackon
12:00 PM	<b>Networking</b>	

## Agenda: Patient-, Family-, and Caregiver-Centered Sessions

12:30 PM - 1:00 PM	<b>Patient/Family Registration, Light Lunch, Exhibits</b>	
1:00 PM - 1:10 PM	<b>Opening Remarks</b>	Ira Zackon, MD
1:10 PM - 2:10 PM	<b>Care for the Caregiver: A Moderated Group Interview</b>	Edward Dick, LCSW
2:10 PM - 3:10 PM	<b>Caring for Yourself While Caring for Others</b>	Open Discussion
3:10 PM - 3:15 PM	<b>Closing Remarks</b>	Ira Zackon, MD
3:15 PM	<b>Adjourn</b>	





## Program Description

*Spring to Life Conference on Hematologic Malignancies™: Myeloproliferative Neoplasms (MPNs)* is an accredited, educational program developed by New York Oncology Hematology (NYOH), in collaboration with the Center for Emergency Medical Education (CEME), the Leukemia & Lymphoma Society, and a panel of expert faculty from the academic, research, and community practice settings.

With programming for both healthcare professionals and the community, the goal of this 1-day activity is to bring together cancer care providers and members of the community—including patients, survivors, their families and caregivers—to gain an up-to-date understanding of blood cancers, including ongoing research, clinical management, and emerging therapies. The program also provides perspectives on the impact of cancer on the lives of patients and families.

The 2017 conference will focus on myeloproliferative neoplasms (MPNs). Specifically, clinician sessions will detail standards of care and emerging strategies for chronic myeloid leukemia (CML), polycythemia vera (PV), essential thrombocythemia (ET), myelofibrosis (MF), and chronic myelomonocytic leukemia (CMML). The theme of the afternoon patient program is *Care for the Caregiver*.

**Healthcare professionals are welcome and encouraged to participate in the afternoon patient-centered sessions.**

## Target Audience

The target audience for this conference is family and primary care practitioners, hematologists, oncologists, pathologists, pediatricians, allied health professionals (including nurses, pharmacists, and social workers), basic scientists, and members of the community (including patients and their family and caregivers).

## Fee Information

There is no fee for this educational activity.

## Learning Objectives

### Clinician-Centered Sessions

Upon completion of this symposium, healthcare professionals should be better able to:

- Discuss the pathophysiology of myeloproliferative neoplasms: including chronic myeloid leukemia, myelofibrosis, polycythemia vera, essential thrombocytosis, and chronic myelomonocytic leukemia
- Evaluate updated practice guidelines and management tools, as well as recent data related to survival, quality of life, and efficacy of available therapies for patients with myeloproliferative neoplasms
- Identify strategies to better engage in patient-centered care
- Describe the design and eligibility criteria for ongoing clinical trials in myeloproliferative neoplasms

### Patient-Centered Sessions

The afternoon segment of this symposium will join patients and their loved ones with national experts, community oncologist/hematologists, and social workers to share stories and improve understanding in a fun and supportive environment. The theme of the 2017 program is *Care for the Caregiver*.

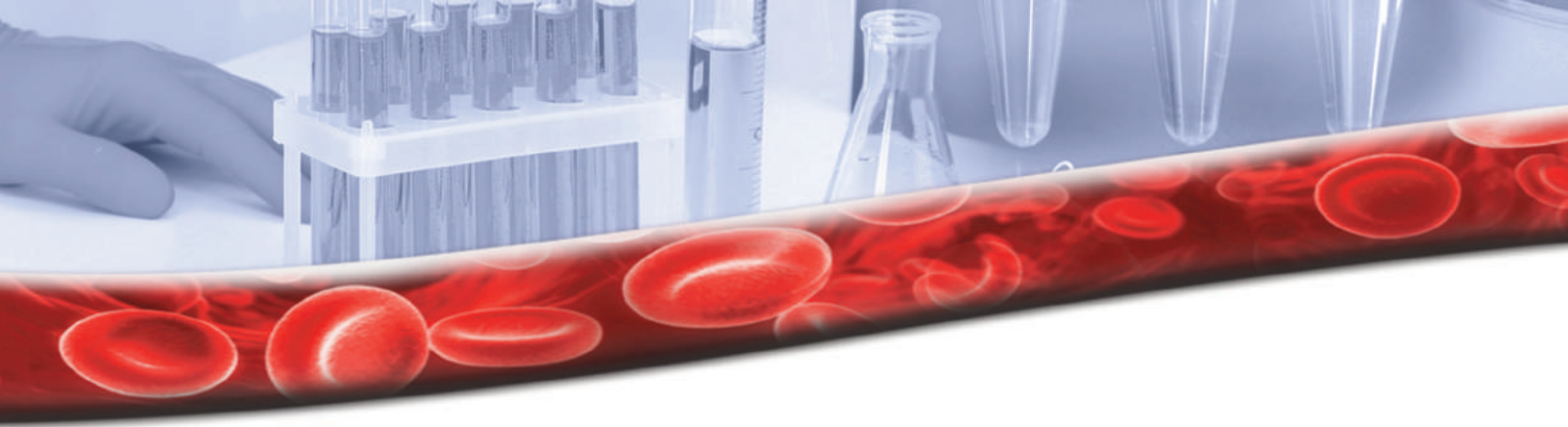
This program will explore:

- Facing unknowns, together and separately
- Managing worries and fears
- Compassion fatigue
- Dependency and helplessness
- Dealing with changing roles
- The hidden gifts of caregiving

Spring to Life will help you:

- Share experiences about living and surviving with cancer
- Take better care of yourself and your loved ones

**The morning session will be accredited for continuing education credits for physicians, nurses, and allied health professionals.**



## Accreditation Statements

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### ACCME Accreditation Statement

The Center for Emergency Medical Education (CEME) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.



### AMA Credit Designation Statement

The Center for Emergency Medical Education (CEME) designates this live activity for a maximum of 3.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Center for Emergency Medical Education (CEME) designates this activity for a minimum of 3.75 hours of participation for continuing education for allied health professionals.

### Nursing Accreditation

The Oncology Nursing Society will award 3.75 contact hours to registered nurses who complete this educational activity.

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## Planning Committee

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### **Ira Zackon, MD (Chair)**

Medical Hematology and Oncology Director  
NYOH Hematology Stem Cell Transplant Program  
Hematologist/Oncologist  
NYOH, PC  
Clinical Assistant Professor  
Albany Medical College  
Albany, NY

### **Courtney Bellomo, MD**

Hematologist/Oncologist  
NYOH Hematology Stem Cell Transplant Program  
NYOH, PC  
Clinical Assistant Professor  
Albany Medical College  
Albany, NY

### **Sami Brake, MD**

Hematologist/Oncologist  
Director, Plasmapheresis and Transfusion Center  
NYOH, PC  
Clinical Assistant Professor  
Albany Medical College  
Albany, NY

### **Edward Dick, LCSW**

Clinical Social Worker  
Hoosick, NY

### **Vikramjit S. Kanwar, MRCP (UK), MBA, FAAP**

Chief, Division of Pediatric Hematology-Oncology  
Director, Melodies Center for Childhood Cancer  
and Blood Disorders  
Professor, Department of Pediatrics  
Albany Medical Center  
Albany, NY

### **Mary Jo Tomlinson, RN, BSN, OCN**

Stem Cell Transplant  
NYOH, PC  
Albany, NY

## Guest Faculty

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### **Daniel J. DeAngelo, MD, PhD**

Director of Clinical and Translational Research,  
Adult Leukemia  
Institute Physician  
Dana-Farber Cancer Institute  
Associate Professor of Medicine  
Harvard Medical School  
Boston, MA

### **Richard M. Stone, MD**

Director, Adult Leukemia Program  
Chief of Staff  
Dana-Farber Cancer Institute  
Professor of Medicine  
Harvard Medical School  
Boston, MA

## Faculty

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### **Ira Zackon, MD (Chair)**

Medical Hematology and Oncology Director  
NYOH Hematology Stem Cell Transplant Program  
Hematologist/Oncologist  
NYOH, PC  
Clinical Assistant Professor  
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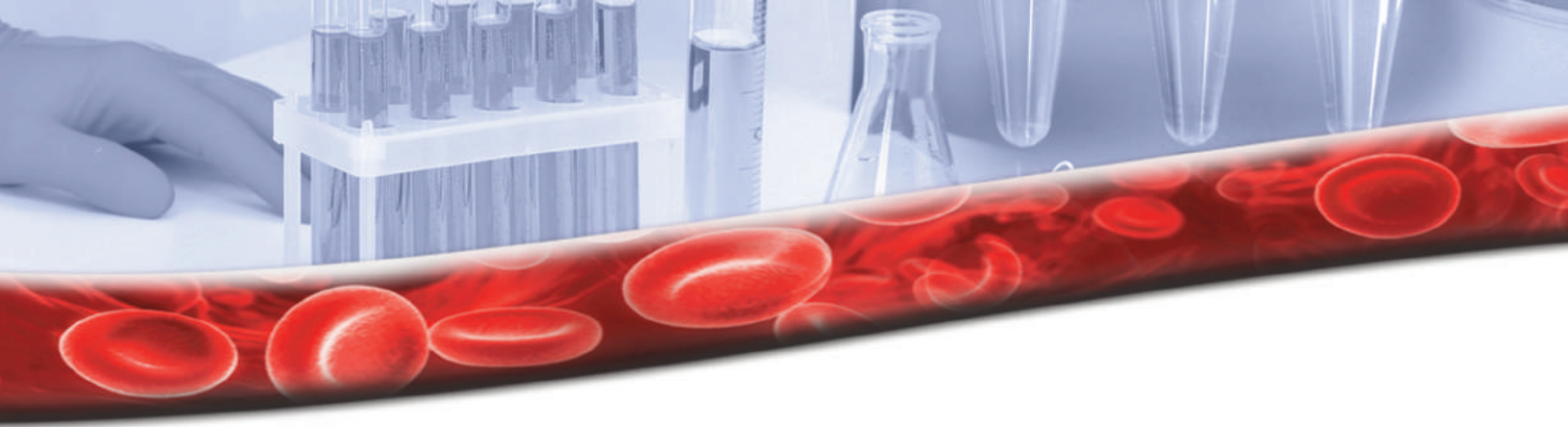
### **Sami Brake, MD**

Hematologist/Oncologist  
Director, Plasmapheresis and Transfusion Center  
NYOH, PC  
Clinical Assistant Professor  
Albany Medical College  
Albany, NY

### **Pooja Chaukiyal, MD**

Hematologist/Oncologist  
NYOH, PC  
Clinical Assistant Professor  
Albany Medical College  
Albany, NY





## Faculty Biographies

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### **Ira Zackon, MD (Chair)**

Ira Zackon, MD, is a Hematologist/ Oncologist and Director of the Stem Cell Transplant Program and President of New York Oncology Hematology, PC (NYOH) and assistant clinical professor at Albany Medical College in Albany, New York.

After earning a medical degree in 1986 from McGill University in Montreal, Quebec, Canada, he completed an internship and residency in medicine at Royal Victoria Hospital in Montreal in 1987. Dr. Zackon completed fellowships in Hematology/Medical Oncology at Dartmouth-Hitchcock Medical Center, Lebanon, New Hampshire (1990-1992), and Northwestern University Medical Center, Chicago, Illinois (1992-1994).

At NYOH, Dr. Zackon has developed the practice's autologous stem cell transplant program, expanded collaborative care for allogeneic bone marrow transplant patients at NYOH with regional transplant centers, and focused NYOH participation in research trials in the hematologic malignancies through the US Oncology Network and the Blood Cancer Research Partnership in association with the Dana-Farber Cancer Institute in Boston, Massachusetts.



### **Sami Brake, MD**

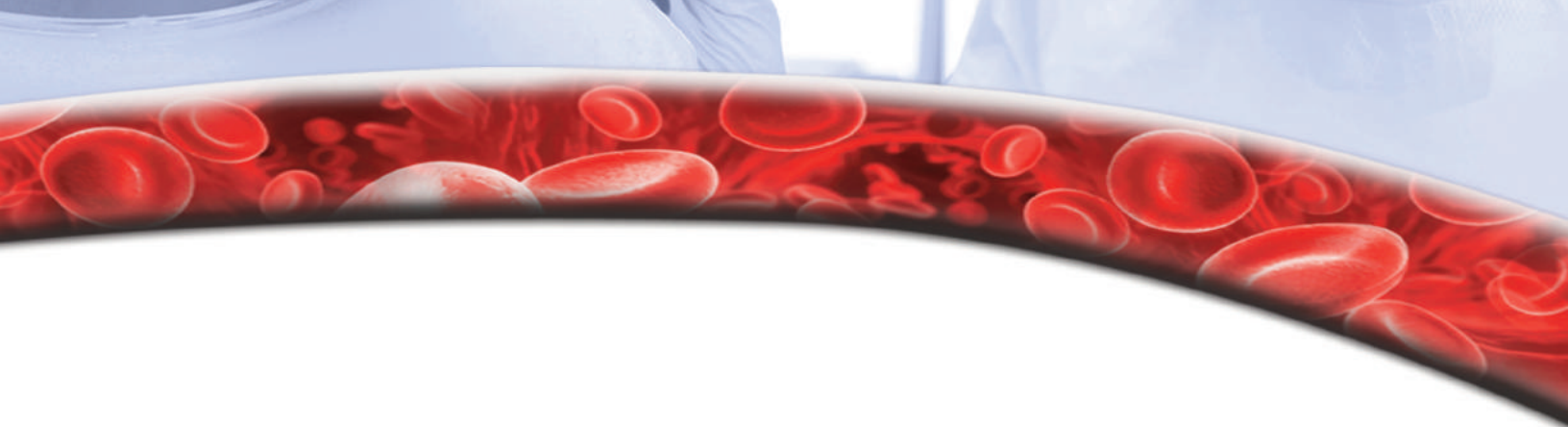
Sami Brake, MD, is a hematologist/oncologist at New York Oncology Hematology, PC (NYOH) and director of the Plasmapheresis and Transfusion Center at Albany Medical Center, both in Albany, New York. After earning a medical degree in 2004 from Damascus University School of Medicine in Damascus, Syria, Dr. Brake completed a residency in internal medicine and a fellowship in hematology/oncology at the Henry Ford Health System in Detroit, Michigan. In 2011, he joined the staff at NYOH.



### **Pooja Chaukiyal, MD**

Pooja Chaukiyal, MD, is board-certified in medical oncology and hematology, and currently treats patients at New York Oncology Hematology's Albany Medical Center. Dr. Chaukiyal completed a fellowship in hematology and oncology at the University of Wisconsin. She completed her internal medicine residency at Park Ridge and St. Mary's Hospital in Rochester, New York, and she received her medical degree from University of Pune, India. Dr. Chaukiyal has also practiced in the Veterans Affairs Academic Hospitalist program in Pittsburgh, Pennsylvania, as well as Dean and St. Mary's Hematology Oncology Clinics in Madison, Wisconsin.





### **Daniel J. DeAngelo, MD, PhD**

Daniel J. DeAngelo, MD, PhD is associate professor of medicine at Harvard Medical School and a physician within the Adult Leukemia Program at Dana-Farber Cancer Institute in Boston, Massachusetts. Dr. DeAngelo is the Director of Clinical and Translational Research in the leukemia program. He earned his MD and PhD in molecular genetics from Albert Einstein College of Medicine of Yeshiva University in Bronx, New York. He completed his internship and residency at Massachusetts General Hospital in Boston and clinical fellowships in Medical Oncology and Hematology at the Dana-Farber Cancer Institute and Brigham and Women's Hospital, both in Boston.

Dr. DeAngelo's clinical research focuses on optimizing therapy for adult leukemias, myelodysplastic syndromes and myeloproliferative disorders. He serves on the leukemia core committee for the Cancer and Leukemia Group B (CALGB) and is principal and co-investigator of several ongoing clinical protocols. He has a particular interest in the treatment of young adults with leukemia, particularly acute lymphoblastic leukemia.

Dr. DeAngelo is actively involved in a number of professional societies such as the American Society of Hematology and the American Society of Clinical Oncology. In addition, he serves as a member of the NCCN CML and ALL guidelines committee. Dr. DeAngelo has authored or coauthored more than 200 original peer-reviewed manuscripts, review articles, and book chapters and has presented his work nationally and internationally.



### **Richard M. Stone, MD**

Richard Stone, MD, is the Chief of Staff and Director of the Adult Acute Leukemia Program at Dana-Farber, and Professor of Medicine at Harvard Medical School. Dr. Stone is nationally recognized for his translational and clinical research concerning blood and bone marrow malignancies including acute leukemia, myeloproliferative disorders and myelodysplastic syndrome [MDS] (a bone marrow failure state that may convert to leukemia).

In addition to his work at Dana-Farber, Stone serves as Chair of the Medical Advisory Board of the Aplastic Anemia & MDS International Foundation and Chairman of the Leukemia Core Committee for the national cooperative trials group the Alliance.

Dr. Stone earned his medical degree from Harvard Medical School in 1981. He completed his internal medicine residency training at Brigham and Women's Hospital and his hematology-oncology fellowship at Dana-Farber.







The Healthcare Professional sessions at the  
*4th Annual Spring to Life Conference on  
Hematologic Malignancies™: Myeloproliferative Neoplasms (MPNs)*  
are supported by educational grants from:

**Incyte Corporation  
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