

Spring To Life™

Spring to Life Conference on Hematologic Malignancies™, a CE-accredited, one-day educational conference

Saturday, April 16, 2016

Healthcare Professional Program – 7:30AM–12:00PM

Complimentary Lunch – 12:00PM–1:00PM

Patient-Centered Program – 1:00PM–4:00PM

Hilton Albany Hotel

40 Lodge Street

Albany, NY 12207

Host

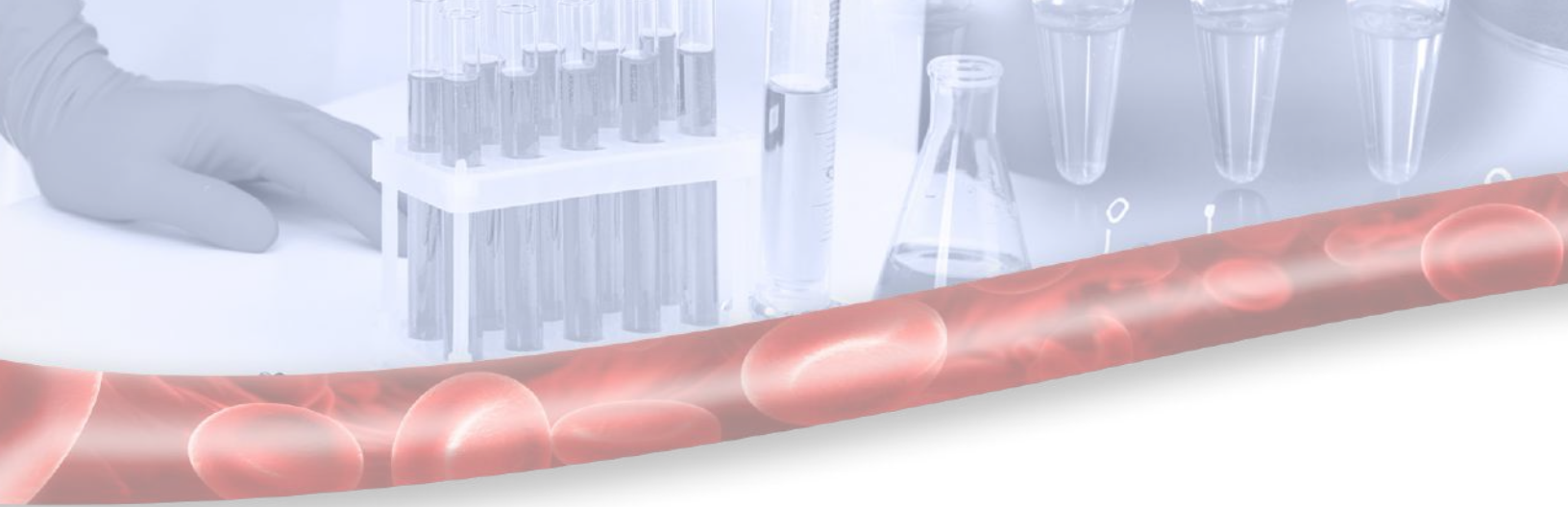
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Spring To Life™



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6. Enter (all caps) HILTONALB3
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Dear Healthcare Professional Colleagues:

Welcome to our 3rd Annual **Spring to Life Conference on Hematologic Malignancies™**. Thank you for choosing to attend to update your knowledge and understanding, and also earn CE credits.

This year we are focused on the spectrum of **Plasma Cell Diseases**, with their diverse biology and manifestations and exciting therapeutic advances. We have brought together a collaboration of speakers and panelists from New York Oncology Hematology, Dana-Farber Cancer Institute, Boston Medical Center, and Albany Medical Center.

Please join us for our enriching afternoon session with patients, families, and the community, as we continue to share the challenges and lessons of our holistic human experience of living with cancer. With malignant plasma cell diseases as a paradigm, this year our theme is living with a longer-term chronic illness and its changes over time.

Please also take note of our grantors and exhibitors, whose generosity and support are integral to making **Spring to Life** an ongoing reality for our region.

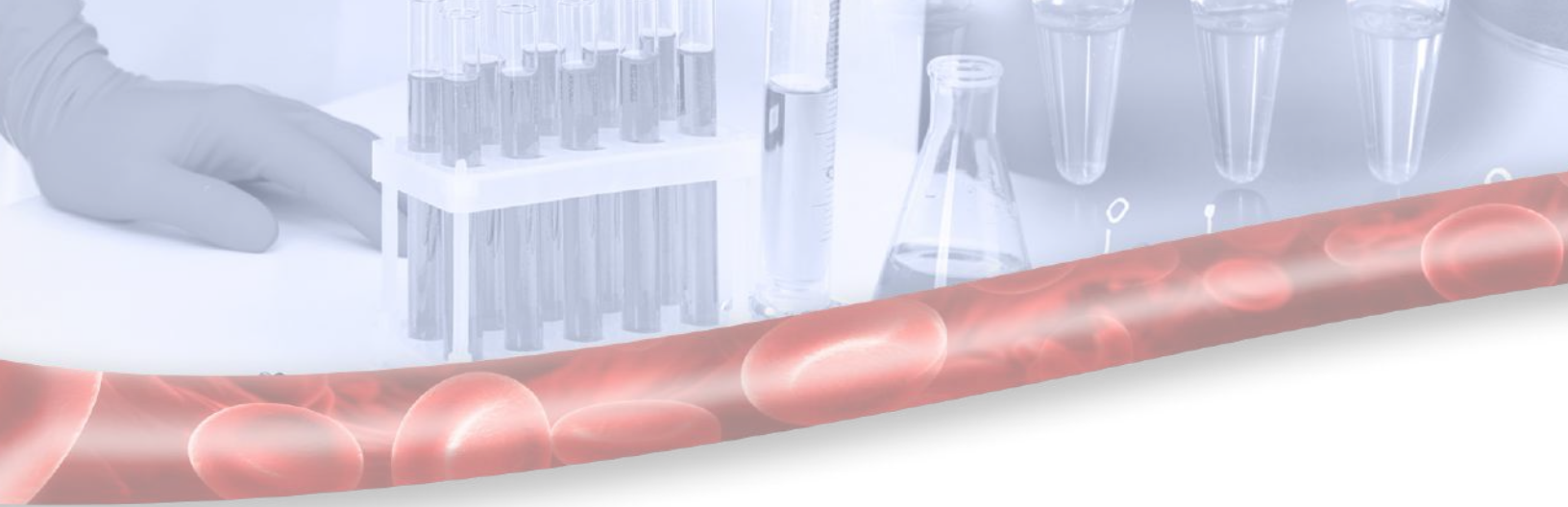
On behalf of our Organizing Committee, thank you again for taking the time out of your lives to join us and enhance your understanding and practice.

Enjoy!

Sincerely,

Ira Zackon, MD, Program Chair

New York Oncology Hematology



Agenda: Clinician-Centered Sessions

Continuing Education Credit provided for physicians, nurses, and allied health professionals.

7:30AM	Registration, Breakfast & Exhibits
8:00AM–8:10AM	Opening Remarks & Pretest <i>Ira Zackon, MD</i>
8:10AM–8:30AM	Premyeloma (Descriptions and “How I Treat”) <i>Irene Ghobrial, MD</i>
8:30AM–8:40AM	– Question and Answer
8:40AM–9:25AM	Clinical Challenges in Frontline Management of Multiple Myeloma: An Interactive Case-Based Panel Discussion <i>Sami Brake, MD & Faculty Panel</i>
9:25AM–9:40AM	– Question and Answer
9:40AM–10:05AM	Amyloidosis <i>Vaishali Sanchorawala, MD</i>
10:05AM–10:15AM	– Question and Answer
10:15AM–10:30AM	Break, Snacks & Exhibits
10:30AM–10:55AM	Treating Relapsed/Refractory Myeloma at the Leading Edge <i>Pooja Chaukiyal, MD</i>
10:55AM–11:05AM	– Question and Answer
11:05AM–11:45AM	Keynote Address: Waldenström’s Macroglobulinemia <i>Jorge Castillo, MD</i>
11:45AM–11:55AM	– Question and Answer
11:55AM–12:00PM	Closing Remarks & Posttest <i>Ira Zackon, MD</i>
12:00PM	Lunch, Networking & Exhibits

Agenda: Patient-, Family-, and Caregiver-Centered Sessions

Continuing Education Credit provided for physicians, nurses, and allied health professionals.

11:30AM–1:00PM	Patient/Family Registration
12:00PM–1:00PM	Lunch & Exhibits
1:00PM–1:45PM	Session 1 - Managing Progressive Illness: A Patient Perspective <i>Edward Dick, LCSW</i>
	– Group interview followed by guided interactive discussions
1:45PM–2:00PM	Break, Snacks & Exhibits
2:00PM–2:45PM	Session 2 - Engaging the Family: Talking About Chronic and Advancing Illness With Those We Love <i>Presentation/workshop by Courtney Hill, LMSW</i>
	– Identifying communication difficulties
	– Strategies for improving dialogue
2:45PM–3:00PM	Break, Snacks & Exhibits
3:00PM–4:00PM	Session 3 - Moderated Open Session With the Audience
	– An opportunity for audience to discuss and respond to previous sessions
4:00PM	Concluding Remarks & Look Ahead to Next Year



Program Description

New York Oncology Hematology invites you to the *3rd Annual Spring to Life Conference on Hematologic Malignancies™*. This program was developed in collaboration with the Medical College of Wisconsin (MCW), the Leukemia & Lymphoma Society® (LLS), and a panel of expert faculty from the academic, research, and community practice settings.

With programming for healthcare professionals, social workers, and the community, the goal of this activity is to bring together cancer care providers and members of the community—including patients, survi-

vors, families, and caregivers—to gain an up-to-date understanding of blood cancers, including ongoing research, clinical management, and emerging therapies. The program will also provide perspectives on the impact that cancer has on the lives of patients and families.

The 2016 conference will focus on state-of-the-art care for patients with plasma cell disorders.

Healthcare professionals are welcome and encouraged to participate in the afternoon patient-centered sessions.

Learning Objectives

Clinician-Centered Sessions

Upon completion of the morning segment of this symposium, physicians, nurses, and allied health professionals will be better able to:

- Discuss the pathophysiology of multiple plasma cell disorders including premyeloma conditions, multiple myeloma, Waldenström's macroglobulinemia, and amyloidosis
- Evaluate recent data on therapeutic advances and changing practice standards in plasma cell disorders, and integrate this information into the selection of optimal systemic therapy for patients with these malignancies
- Identify strategies to better engage in patient-centered care
- Assess the design and eligibility criteria for ongoing clinical trials in plasma cell disorders, and enroll or refer appropriate patients for study participation

Patient-, Family-, and Caregiver-Centered Sessions

Upon completion of the afternoon segment of this symposium, physicians, nurses, and allied health professionals will be better able to:

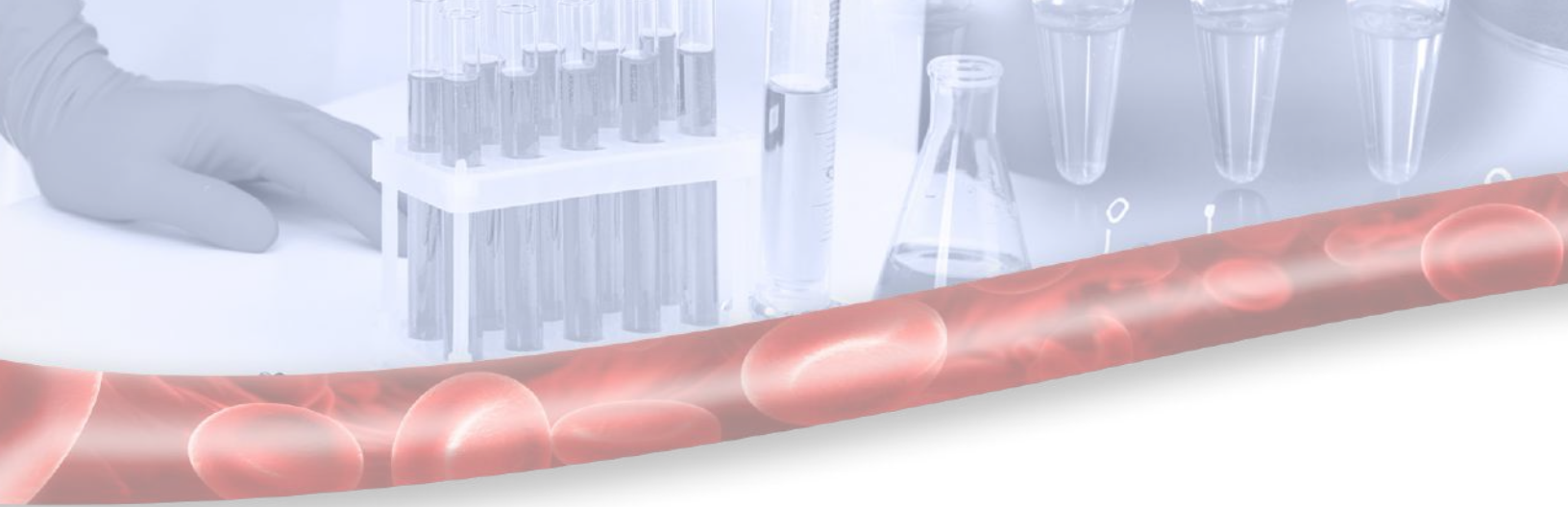
- Understand long-term psychosocial dynamics experienced by patients living with progressive illness
- Assist family understanding and communication regarding chronic and advancing illness
- Apply strategies to identify communication difficulties and improve dialogue about chronic and advancing illness
- Explain the complementary roles that doctors, nurses, clinical social workers, and other staff play in the physical and emotional care of the patient and family

Target Audience

The target audience for this conference is family and primary care practitioners, hematologists, oncologists, pediatricians, allied health professionals (including nurses, pharmacists, and social workers), basic scientists, and members of the community (including patients and their family and caregivers).

Fee Information

There is no fee for this educational activity.



Accreditation Statements

LLS Nursing Accreditation Statement

Approval for nurses has been obtained by the National Office of The Leukemia & Lymphoma Society under Professional number CEP 5832 to award 6.75 continuing education contact hours through the California Board of Registered Nursing.

AMA Credit Designation Statement

The Medical College of Wisconsin designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Medical College of Wisconsin designates this activity for a maximum of 6.75 hours of participation for continuing education for allied health professionals.

Disclosure of Conflict of Interest

The Medical College of Wisconsin (MCW) requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content

ACCME Accreditation Statement

The Medical College of Wisconsin is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Medical College of Wisconsin and MedEd Consulting. The Medical College of Wisconsin is accredited by the ACCME to provide continuing medical education for physicians.

of this activity. All identified conflicts of interest are thoroughly vetted by MCW for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.



Faculty

Sami Brake, MD

Hematologist/Oncologist
New York Oncology Hematology, PC
Director, Plasmapheresis and
Transfusion Center
Clinical Associate Professor
Albany Medical College
Albany, NY

Jorge Castillo, MD

Assistant Professor
Dana-Farber Cancer Institute
Boston, MA

Pooja Chaukiyal, MD

Hematology/Oncology
New York Oncology Hematology, PC
Albany, NY

Susan M. Clarke, RN, BSN, CPHON

Nursing Supervisor
The Melodies Center for Childhood Cancer and
Blood Disorders
Albany Medical Center
Albany, NY

Edward Dick, LCSW

Clinical Social Worker
Hoosick, NY

Irene Ghobrial, MD

Associate Professor of Medicine
Dana-Farber Cancer Institute
Harvard Medical School
Boston, MA

Courtney Hill, LMSW

Medical Social Worker
The Melodies Center for Childhood
Cancer and Blood Disorders
Albany Medical Center
Albany, NY

Vaishali Sanchorawala, MD

Professor of Medicine
Associate Director of Amyloidosis Center
Boston University School of Medicine
Boston, MA

Ira L. Zackon, MD (Chair)

Hematologist/Oncologist
Director, New York Oncology Hematology
Stem Cell Transplant Program
New York Oncology Hematology, PC
Clinical Assistant Professor
Albany Medical College
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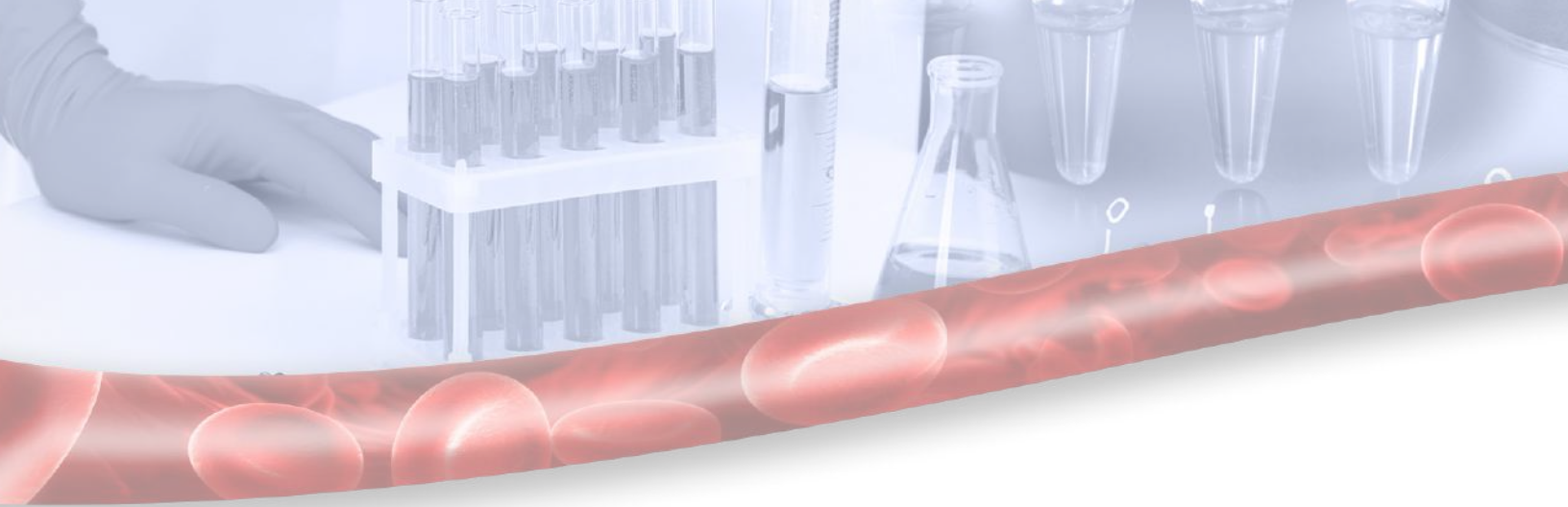
Chief, Division of Pediatric Hematology-
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Director, Melodies Center for Childhood Cancer
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Professor, Department of Pediatrics
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Stem Cell Transplant
New York Oncology Hematology, PC
Albany, NY

Ira Zackon, MD (Chair)

Medical Hematology and Oncology
Director, New York Oncology Hematology
Stem Cell Transplant Program
New York Oncology Hematology, PC
Clinical Assistant Professor
Albany Medical College
Albany, NY



Faculty Biographies



Sami Brake, MD, is a hematologist/oncologist at New York Oncology Hematology, PC (NYOH) and director of the Plasmapheresis and Transfusion Center at Albany Medical Center, both in Albany, New York. After earning a medical degree in 2004 from Damascus

University School of Medicine in Damascus, Syria, Dr. Brake completed a residency in internal medicine and a fellowship in hematology/oncology at the Henry Ford Health System in Detroit, Michigan. In 2011, he joined the staff at NYOH.



Jorge J. Castillo, MD, was born on the northern coast of Peru. He received his medical degree in Mexico City, and completed his internal medicine and his hematology and oncology training at the University of Massachusetts and Brown University, respectively.

After 5 years as an assistant professor of Medicine at Brown University, focusing on hematologic malignancies, Dr. Castillo was appointed Assistant Professor at Harvard Medical School. For the past 3 years, his clinical practice and research interests at the Dana-Farber Cancer Institute (DFCI) have focused on patients with Waldenström's macroglobulinemia. At the Bing Center for Waldenström's Macroglobulinemia, he sees approximately 750 patients with the disease each year. Dr. Castillo is currently the principal investigator on a series of clinical trials evaluating highly effective nonchemotherapeutic approaches for untreated and previously treated patients with Waldenström macroglobulinemia. He also has designed multiple retro-

spective and epidemiological studies in leukemia, lymphoma, and myeloma. Dr. Castillo has authored over 150 abstracts and over 120 peer-reviewed articles, and has published his research in high-impact journals such as *The New England Journal of Medicine*, *Journal of Clinical Oncology*, *Blood*, *British Journal of Haematology*, *Cancer*, *American Journal of Hematology*, *Leukemia & Lymphoma* and *Leukemia Research*.



Pooja Chaukiyal, MD, is board-certified in medical oncology and hematology, and currently treats patients at New York Oncology Hematology's Albany Medical Center. Dr. Chaukiyal completed a fellowship in hematology and oncology at the University of

Wisconsin. She completed her internal medicine residency at Park Ridge and St. Mary's Hospital in Rochester, New York, and she received her medical degree from University of Pune, India. Dr. Chaukiyal has also practiced in the Veterans Affairs Academic Hospitalist program in Pittsburgh, Pennsylvania, as well as Dean and St. Mary's Hematology Oncology Clinics in Madison, Wisconsin.



Susan M. Clarke, RN, BSN, CPHON, is a clinical care coordinator and nurse supervisor at The Melodies Center for Childhood Cancer and Blood Disorders at The Bernard & Millie Duker Children's Hospital at Albany Medical Center, Albany, New York. She has been a

pediatric hematology oncology nurse for 27 years. Ms. Clarke earned her bachelor's degree in Nursing from The College of New Rochelle in New Rochelle, New

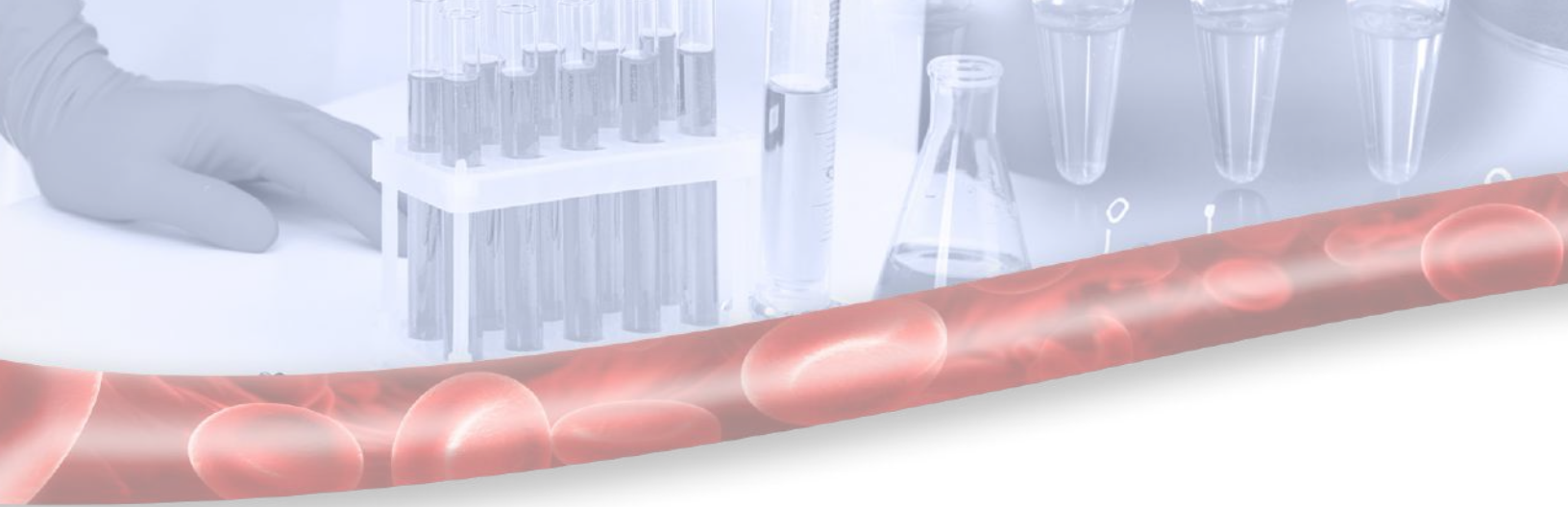
York, and is a certified pediatric hematology oncology nurse. Ms. Clarke started her career at Memorial Sloan Kettering Cancer Center (MSKCC) in New York City, where she specialized in providing inpatient oncology nursing care to MSKCC's pediatric patient population. In Spring 2000, Ms. Clarke moved with her family to the Upstate/Capital District area, and began work at The Bernard & Millie Duker Children's Hospital in 2001. In addition, she worked for Giombetti and Brady Pediatrics in Delmar, New York, providing primary care to patients, newborn through age 20. In 2009, Ms. Clarke returned to MSKCC, working again as a clinical pediatric hematology oncology nurse. Six years later, in 2015, Ms. Clarke returned to Albany Medical Center as clinical care coordinator and nurse supervisor at The Melodies Center. She is a member of the Association of Pediatric Hematology/Oncology Nurses.



Edward Dick, LCSW, is a clinical social worker in private practice based in Hoosick, New York. In 1982, he earned a master's degree in social work from Rutgers University, New Jersey. He worked as a clinical social worker at St. Peter's Hospice in Albany, New York, from 1982 to 1990, where he served as the psycho-spiritual coordinator from 1986-1990. In July 1990, he moved to private practice. In this capacity, he provides individual, family, and group psychotherapy in multiple practice settings, including the Turning Point Counseling Center in Cambridge, and New York Oncology Hematology Practices in Albany, Clifton Park, and Troy, New York. He also provides contractual services for St. Peter's Hospital ALS Regional Center, Community Regional Hospice, and other organizations. The primary focus of his practice is care for patients with serious illness and their family members.



Irene Ghobrial, MD, is an associate professor at Dana-Farber Cancer Institute (DFCI), Harvard Medical School, Boston, Massachusetts, and an associate member of the Broad Institute, Cambridge, Massachusetts. She is director of the Michele & Stephen Kirsch Laboratory and co-director of the Center for Prevention of Progression (CPOP) at DFCI. In addition, she is co-leader of the Blood Cancer Research Partnership (BCRP), a consortium for innovative clinical trials of community oncology sites coordinated by DFCI. She received her medical degree from Cairo University School of Medicine, Egypt. She completed her internal medicine training at Wayne State University, Michigan, and her hematology/oncology subspecialty training at Mayo Clinic College of Medicine, Minnesota. Her research focuses on understanding mechanisms of tumor progression, from early precursor conditions such as monoclonal gammopathy of undetermined significance (MGUS) and smoldering disease to symptomatic multiple myeloma and Waldenström's macroglobulinemia. She specifically focuses on the role of the malignant bone marrow niche in regulating disease progression. Dr. Ghobrial is interested in the development of new molecular/genomic markers that predict progression in precursor conditions, which can identify patients who should be eligible for therapeutic interventions to prevent progression, or potentially cure the disease at the early stages before clonal evolution occurs. She has authored or coauthored over 250 publications and book chapters, and has received funding support from the National Cancer Institute as well as multiple foundations that include the Leukemia and Lymphoma Society, Multiple Myeloma Research Foundation, and International Myeloma Foundation. She has received multiple awards including membership in the American Society of Clinical Investigation (ASCI), Robert A. Kyle Award for Research in Waldenström Macroglobulinemia, and Mentor of the Year Award at DFCI in 2014.



Courtney Hill, LMSW, is a medical social worker at the Melodies Center for Childhood Cancer and Blood Disorders at the Bernard & Millie Duker Children's Hospital at Albany Medical Center in Albany, New York. After earning a bachelor's degree in Psychology and Criminal Justice from Canisius College in Buffalo, New York, in 2006, she spent 7 years working as both a child protective social worker and supervisor for the Massachusetts Department of Children & Families in Pittsfield, Massachusetts. She went on to complete her master's degree in social work at the State University of New York (SUNY) at Albany in 2012, with a clinical concentration and an internship at Albany Medical Center in both the adult and pediatric cystic fibrosis clinics. In 2016, she completed a postgraduate certificate program at Smith College School for Social Work in conjunction with Baystate Health in Northampton, Massachusetts, in Palliative and End-of-Life Care. Dr. Hill joined the Melodies Center in 2014, and provides psychosocial support to pediatric hematology/oncology patients and their families.



Vaishali Sanchorawala, MD, is director of the Autologous Stem Cell Transplantation Program at Boston Medical Center in Boston, Massachusetts. She has been affiliated with the Amyloidosis Center at Boston University School of Medicine since 1994, and

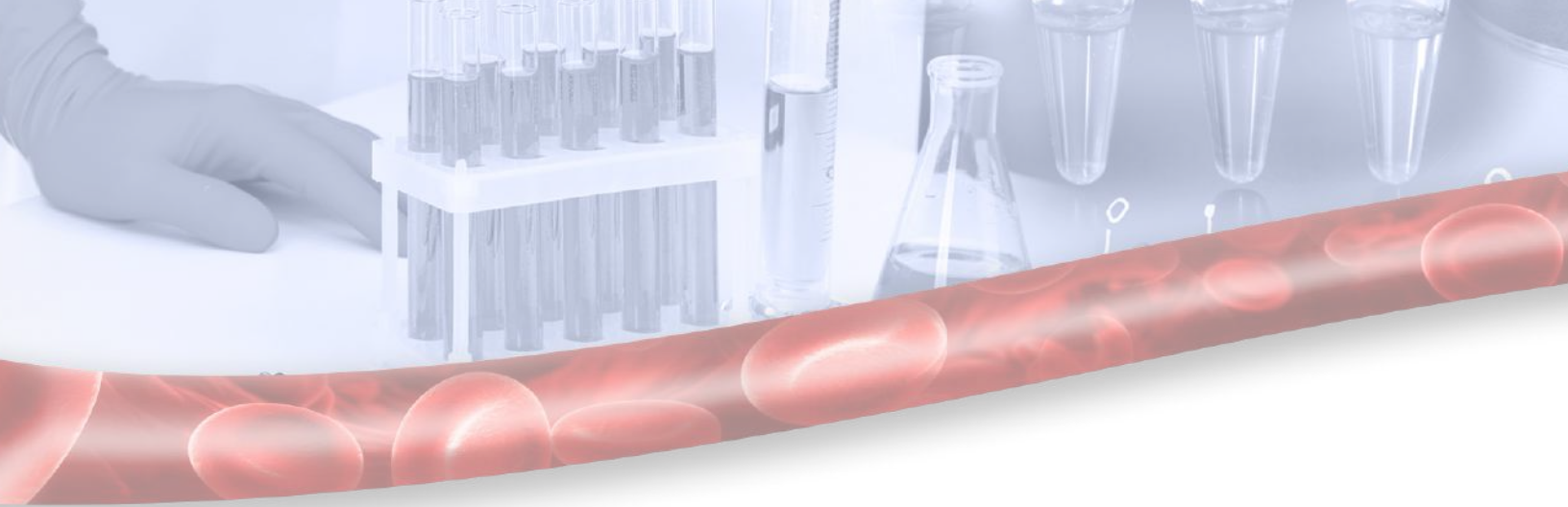
recently was appointed an associate director of the center. She has been one of the pioneers in the field of clinical research in amyloid light-chain (AL) amyloi-

dosis. Her work in the treatment of systemic AL amyloidosis has been published in many peer-reviewed journals, which has resulted in the evolution of the standard of care for these patients. Dr. Sanchorawala currently heads several clinical trials in the treatment of AL amyloidosis. She was the principal investigator and study coordinator on a clinical trial conducted nationally through the Southwest Oncology Group (SWOG) on stem cell transplantation in AL amyloidosis, which accrued 110 patients from 2004 to 2010 at 17 SWOG-affiliated centers in the United States, with results published in the *Bone Marrow Transplantation* journal in 2013. In addition, Dr. Sanchorawala successfully administered the projects (eg, staffing, research protections, budget), collaborated with other researchers, and produced several peer-reviewed publications from each project. As a result of these previous experiences, she is aware of the importance of frequent communication among project members and of constructing a realistic research plan, timeline, and budget. At present, she is a member of the executive steering committee of the Amyloidosis Research Consortium, which is developing multicenter clinical trials for AL amyloidosis, with the goal of rapid accrual and completion of clinical trials. She also has participated in meetings with the Food & Drug Administration for enhancing the amyloidosis drug development pathway, guidance for more efficient and successful programs. Dr. Sanchorawala has helped to create and cultivate the next generation of physician-scientists in the area of clinical research in AL amyloidosis.



Ira Zackon, MD, is a hematologist/oncologist and director of the Stem Cell Transplant Program at New York Oncology Hematology, PC (NYOH) and assistant clinical professor at Albany Medical College in Albany, New York. After earning a medical degree in 1986

from McGill University in Montreal, Quebec, Canada, he completed an internship and residency in medicine at Royal Victoria Hospital in Montreal in 1987. Dr. Zackon completed fellowships in hematology/oncology at Dartmouth-Hitchcock Medical Center, Lebanon, New Hampshire (1990-1992), and Northwestern University Medical Center, Chicago, Illinois (1992-1994). At NYOH, Dr. Zackon has developed the practice's autologous stem cell transplant program, expanded collaborative care for allogeneic bone marrow transplant patients at NYOH with regional transplant centers, and focused NYOH participation in research trials in the hematologic malignancies through the US Oncology Network and the Blood Cancer Research Partnership in association with the Dana-Farber Cancer Institute in Boston, Massachusetts.



Faculty Disclosures

The following program speakers have no relevant financial relationships to disclose:

Pooja Chaukiyal, MD

Susan M. Clarke, RN, BSN, CPHON

Courtney Hill, LMSW

Edward Dick, LCSW

The following speakers have relevant financial relationships to disclose:

Sami Brake, MD

Speaker's Bureau: CSL Behring

Jorge Castillo, MD

Research Funding: Pharmacyclics, Gilead, Millennium

Irene Ghobrial, MD

Consultant: BMS, Amgen, Celgene, Takeda, Noxxon, Novartis

Vaishali Sanchorawala, MD

Research Funding: Takeda, Celgene, Prothena

Ira Zackon, MD

Speakers' Bureau: Amgen, Takeda

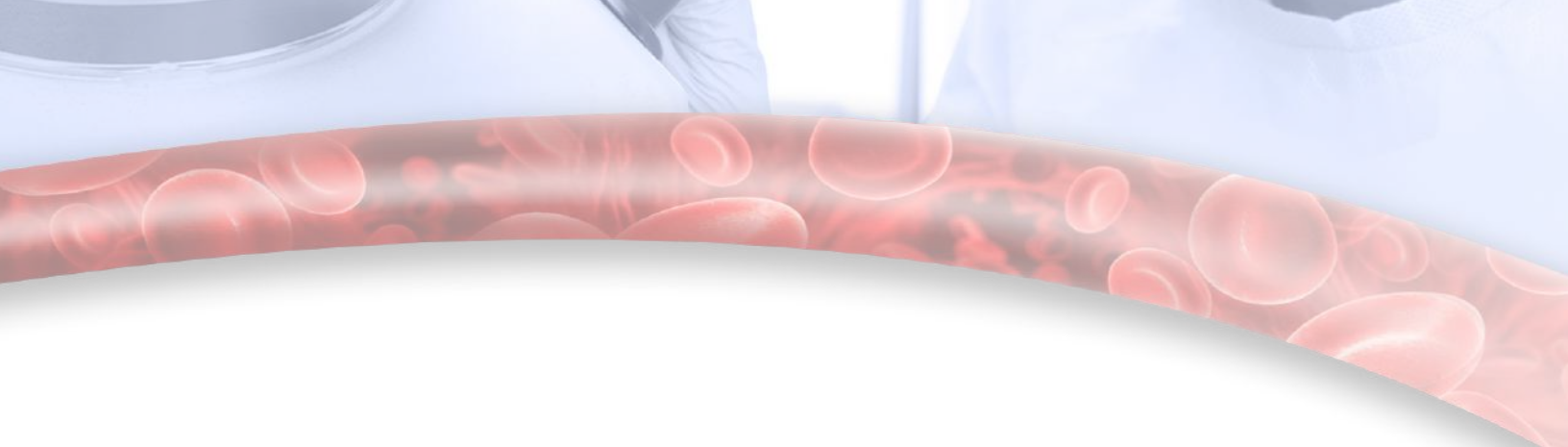
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Kim Farina, PhD

Linda Pulver, RN

Mary Jo Tomlinson, RN, BSN, OCN



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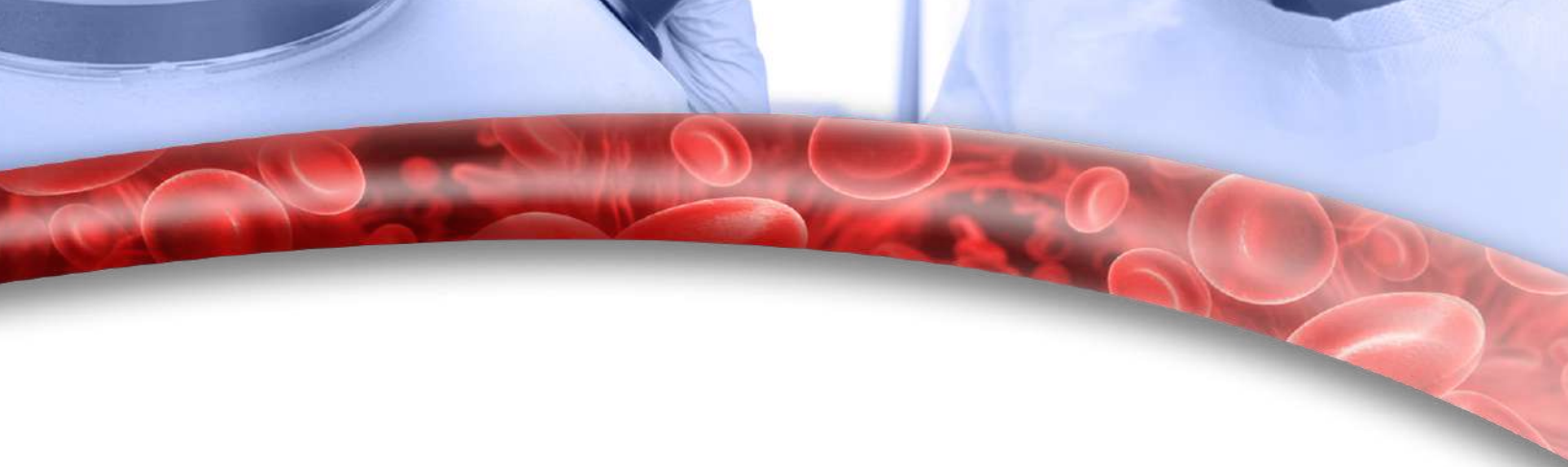
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